

**A Mini Review of Natural Cellulosic Fibers: Extraction, Treatment and Characterization Methods**Yashaarth Kaushik<sup>1</sup>, Nilakshman Sooriyaperakasam<sup>2</sup>, Udit Rathee<sup>3</sup>, and Nithesh Naik\*<sup>1</sup><sup>1</sup>Department of Mechanical and Industrial Engineering, Manipal Institute of Technology, Manipal Academy of Higher Education, Manipal, Karnataka, India 576104<sup>2</sup>Department of Mechanical and Industrial Engineering, University of Moratuwa, Moratuwa, Sri Lanka 10400<sup>3</sup>International Center for Automotive Research, Clemson University, Clemson, SC, USA 29634

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**Abstract**

Natural cellulosic fibers have garnered significant attention in recent years due to their potential as eco-friendly and sustainable alternatives to synthetic materials in various industries, such as composite reinforcement, textiles, and packaging. The successful utilization of these fibers depends on understanding their properties, which can be achieved through comprehensive characterization methods. This mini-review discusses the extraction, treatment, and characterization of natural cellulosic fibers, focusing on the latest advancements in these areas. The extraction methods of natural cellulosic fibers, including chemical, physical, and biological processes, are discussed. The choice of extraction method impacts the fiber's morphology, crystallinity, and purity, which ultimately affects its performance in different applications. Surface modification methods, including chemical treatments like treatment, acetylation, silane treatment, grafting, bleaching, and physical treatments such as corona treatment, plasma treatment, and UV/ozone treatment, are also explored. These treatments can enhance the compatibility and performance of natural cellulosic fibers in various applications. Characterization techniques for natural cellulosic fibers are reviewed, including mechanical properties testing (tensile strength, flexural strength, and impact strength), morphological analysis (scanning electron microscopy (SEM) and transmission electron microscopy (TEM)), and advanced techniques such as atomic force microscopy (AFM), confocal Raman spectroscopy, and X-ray photoelectron spectroscopy (XPS). Furthermore, the application of the Weibull distribution for analyzing the tensile strength of natural cellulosic fibers is discussed, providing valuable information on the fiber's strength distribution and reliability. This review highlights the importance of comprehensive characterization methods in understanding the properties and potential applications of natural cellulosic fibers. The continued development of these techniques will be crucial for the advancement and commercialization of these sustainable materials as eco-friendly alternatives to traditional materials in a wide range of industries.

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**Keywords:** Natural Fibers; Extraction Methods; Surface Modification; Characterization Techniques; Sustainable Materials

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**1 Introduction**

The demand for sustainable, environmentally friendly materials has driven the exploration of natural fibers as potential alternatives to synthetic fibers in composite materials. Due to their biodegradability, abundance, low density, recyclability, sustainability, non-toxicity, non-corrosiveness, eco-friendliness, and low carbon emissions, natural fibers are identified as viable replacements for petroleum-based fiber-reinforced composites [1–4]. Natural fibers are obtained from various parts of plants, such as stems, leaves, bark, roots, fruits, and seeds. Researchers have examined different plant fibers like banana, hemp, sisal, coir, and bamboo for reinforcement in polymer composites. Recent studies have explored the suitability of fibers such as *Sansevieria cylindrica*, *Sansevieria ehrenbergii*, *Prosopis juliflora*, Indian mallow, Saharan Aloe vera, *Furcraea foetida*, *Thespesia populnea*, aerial roots of banyan trees, red banana peduncle, *Calotropis gigantea*, and *Leucas Aspera* [5–19].

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Received: 16 March 2023; Revised: 23 April 2023; Accepted: 28 April 2023

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DOI: [10.57159/gadl.jcmm.2.2.23057](https://doi.org/10.57159/gadl.jcmm.2.2.23057).

The final properties of polymer composites depend on the resin's nature, fiber alignment, and bonding between the fiber and matrix [20]. Researchers have extracted fibers from various parts of the banana plant, including the stem, while banana peduncles are often discarded as waste. To utilize this waste more beneficially, recent studies have focused on extracting, treating, and characterizing natural fibers from the banana peduncle, particularly from the Nendran Banana Peduncle (NBP). The properties of natural fibers depend on their source, harvesting method, and processing techniques. Therefore, it is essential to characterize natural fibers and understand their properties to enhance their performance as a reinforcement in composite materials. Natural fibers have gained increasing interest as a reinforcement in composite materials due to their unique properties, such as biodegradability, low cost, low density, high strength, and renewability [1–3, 5]. Using natural fibers in composite materials can reduce the environmental impact by replacing synthetic fibers, which are derived from non-renewable resources and have a high carbon footprint. Various fibers, including those derived from plants like bamboo, hemp, sisal, coir, and jute, and those derived from animal sources such as wool and silk, have been investigated for potential use in composite materials. The mechanical properties of natural fibers vary depending on their source and processing methods [21, 8–10]. Despite the potential advantages of using natural fibers in composite materials, challenges exist. One main challenge is achieving good fiber-matrix adhesion, essential for transferring stresses between the fiber and matrix and ensuring the mechanical integrity of the composite material. Natural fibers also have inherent variability in their properties, which can make it difficult to achieve consistent properties in composite materials. Utilizing natural cellulosic fibers offers several advantages over synthetic fibers, including renewability, biodegradability, and low environmental impact, making them promising candidates for sustainable and eco-friendly composite materials. Recent advances in extraction, treatment, and characterization methods have enhanced the properties of natural fibers, leading to the production of eco-friendly composite materials. The appropriate utilization of natural cellulosic fibers can play a significant role in sustainable development by reducing the dependence on petroleum-based products and minimizing environmental pollution. The various techniques employed in the extraction, treatment, and characterization methods for natural cellulosic fibers have led to the production of eco-friendly composite materials with improved properties. Researchers have explored various extraction methods, including enzymatic extraction, microwave-assisted extraction, and ultrasonic-assisted extraction. Similarly, recent advances in treatment methods, such as plasma treatment, nanocellulose modification, surface modification, and functionalization, have enhanced fiber-matrix adhesion and compatibility between fibers and the polymer matrix. Additionally, recent advances in characterization methods, including in-situ characterization, multi-scale characterization, and computational modeling, have improved our understanding of the physical, chemical, and mechanical properties of natural fibers [22, 23]. Physical properties such as density, moisture content, and fiber diameter affect the composite material's overall properties. Chemical properties, including chemical composition, functional groups, and degree of polymerization, determine fiber-matrix adhesion and compatibility between fibers and the polymer matrix. Furthermore, mechanical properties such as tensile strength, stiffness, and elongation at break affect the composite material's strength and durability [22–25]. Table 1 shows the physical and mechanical properties of different natural fibers [26].

Table 1: Physical and Mechanical properties of natural fibers [26]

Name of the fiber	Diameter ( $\mu\text{m}$ )	Length (mm)	Density ( $\text{kg}/\text{mm}^3$ )	Moisture gain (%)	Tensile strength (MPa)	Young's modulus (GPa)	Failure strain (%)
Abca	18.2	4.9	1500	14	12	41	3.4
Alfa	-	-	890	-	350	22	5.8
Bagasse	20	1.7	900	-	290	17	-
Banana	-	2.9	1325	-	721.5	29	2
Bamboo	25	2	1500	-	575	27	-
Coir	17.5	1.25	1250	13	140.5	6	27.5
Cotton	14.5	42	1550	8.59	500	8	7
Curaua	-	-	1400	-	825	9	7.5
Flax	20	31.75	1450	12	700	60	2.3
Hemp	19.9	11.2	1200	-	530	45	3
Isora	-	-	1200	1.2	550	-	5.5
Jute	18.4	2.55	1400	17	325	37.5	2.5
Kapok	25	20	384	10.9	93.3	4	1.2
Kenaf	19.8	2.35	1300	17	743	41	-
Piassava	-	-	1400	-	138.5	2.83	5
Pineapple	50	-	1540	-	1020	71	0.8
Ramie	31.55	160	1550	8.5	925	23	3.7
Sisal	21	2.5	1400	14	460	15.5	-

Characterizing natural fibers is crucial for understanding their properties and potential as reinforcement in composite materials. Various techniques have been developed for the characterization of natural fibers, including microscopy, spectroscopy, thermal analysis, and mechanical testing. Microscopy techniques such as scanning electron microscopy (SEM) and optical microscopy are commonly used to analyze fibers' morphological features, including fiber diameter, shape, and surface morphology. Spectroscopy techniques, such as Fourier transform infrared spectroscopy (FTIR) and nuclear magnetic resonance (NMR) spectroscopy, are used to identify fibers' functional groups and determine their chemical composition.

Thermal analysis techniques, such as thermogravimetric analysis (TGA) and differential scanning calorimetry (DSC), are employed to analyze fibers' thermal stability and degradation behavior. Mechanical testing techniques, including tensile testing and flexural testing, are used to determine fibers' mechanical properties [22, 24, 25, 27, 28]. Understanding natural fibers' properties and characteristics is essential for enhancing their performance as reinforcement in composite materials. Further research and development in this field will provide opportunities for creating sustainable and eco-friendly materials with improved properties. However, challenges associated with their use, such as achieving good fiber-matrix adhesion and dealing with inherent variability in fiber properties, must be addressed to fully realize their potential in composite materials. Thus, this mini-review article provides an overview of the techniques used in extraction, treatment, and characterization methods, while discussing the physical, chemical, and mechanical properties of various natural fibers.

## 2 Extraction Methods of Natural Cellulosic Fibers

The extraction of natural cellulosic fibers from plant material is an important process for their characterization and utilization in various applications. Recent research has explored different extraction processes for natural cellulosic fibers. The extraction process for natural cellulosic fibers depends on the plant source and the desired fiber properties [29]. Here are some commonly used methods:

### 2.1 Chemical extraction

Chemical extraction involves the use of chemicals such as alkalis or acids to break down the plant material and isolate the fibers. The fibers are then washed and treated with bleaching agents to remove impurities. Chemical extraction is a common method for isolating cellulose fibers from various plant sources, such as cotton, flax, and hemp [30, 31].

### 2.2 Physical extraction

Physical extraction involves the mechanical separation of cellulose fibers from other plant components. This can be achieved through various methods such as retting, decortication, and steam explosion. Retting is a process in which plant material is soaked in water to allow microbial degradation of non-cellulosic components, followed by mechanical separation of the cellulose fibers. Decortication involves the removal of the outer layer of the plant material to expose the cellulose fibers, which are then mechanically separated. Steam explosion involves the use of high-pressure steam to break down the lignin and hemicellulose components of the plant material, leaving behind the cellulose fibers [32–35].

### 2.3 Biological extraction

Biological extraction involves the use of microorganisms to break down the non-cellulosic components of the plant material. This process is known as bio-pulping and has the potential to be a more environmentally friendly alternative to chemical pulping [36–39]. The microorganisms used for bio-pulping include fungi and bacteria. Fungi such as *Trichoderma reesei* and *Phanerochaete chrysosporium* are commonly used for bio-pulping. These microorganisms produce enzymes that break down the lignin and hemicellulose components of the plant material, leaving behind the cellulose fibers [40, 41].

## 3 Chemical and Physical Property Determination

### 3.1 Chemical properties

Various chemical methods can be used to analyze the chemical composition of natural cellulosic fibers and determine the amounts of lignin, hemicellulose, and cellulose. These include:

- **Acid-base titration:** This method involves the use of acid and base solutions to determine the amount of hemicellulose, lignin, and cellulose in the fibers. The fibers are first treated with a strong acid to remove hemicellulose, followed by treatment with a strong base to remove lignin. The remaining residue is cellulose, which is weighed to determine its amount [42].
- **Spectrophotometry:** This method involves the use of a spectrophotometer to determine the amount of lignin in the fibers. The fibers are treated with a reagent that reacts with lignin to form a colored compound. The color intensity is then measured using a spectrophotometer, and the lignin content is calculated from a standard calibration curve [43, 44].
- **Gravimetric analysis:** This method involves the determination of the weight of the fibers and the weight of the ash remaining after burning the fibers at high temperatures. The weight of the ash represents the amount of non-cellulosic components in the fibers, such as hemicellulose, lignin, and minerals [45].
- **Elemental analysis:** This method involves the determination of the elemental composition of the fibers using techniques such as X-ray fluorescence (XRF) or inductively coupled plasma-optical emission spectroscopy (ICP-OES). Elemental analysis can provide information on the number of minerals and trace elements present in the fibers [46–48].

- **High-performance liquid chromatography (HPLC):** This powerful analytical technique has been used to study the chemical composition of natural cellulosic fibers. HPLC separates and identifies individual chemical components present in a sample based on their chemical and physical properties. One primary application of HPLC in natural cellulosic fibers is to analyze the monosaccharide composition of the fibers. HPLC can be used to analyze the individual glucose units in the fiber and to quantify the percentage of different monosaccharides present. This information can be used to understand the chemical composition and properties of the fibers [49–52].
- **Wax content determination:** The wax content of the fiber can be evaluated using the Conrad method [53], which involves the following steps:
  - **Extraction of wax:** A known weight of the fiber is boiled in a mixture of equal parts of ethanol and ether for a specific duration. The solvent mixture dissolves the wax from the fiber and extracts it into the solvent.
  - **Filtration:** The solvent extract is then filtered through a filter paper to remove any insoluble impurities.
  - **Evaporation:** The filtered solvent extract is then evaporated in a pre-weighed dish under a vacuum to remove the solvent and leave behind the extracted wax.
  - **Weighing:** The dish with the extracted wax is then re-weighed to determine the weight of the extracted wax. The difference between the weight of the dish with extracted wax and the weight of the dish before extraction gives the weight of the extracted wax.
  - **Calculation of wax content:** The wax content of the fiber is calculated by dividing the weight of the extracted wax by the weight of the original fiber sample and multiplying the result by 100. This gives the percentage of wax in the fiber.
- **C (CP-MAS) nuclear magnetic resonance (NMR) spectroscopy analysis:** Solid-state nuclear magnetic resonance (NMR) spectroscopy is a powerful technique for studying the chemical structure and properties of natural cellulosic fibers. It can be used to analyze the degree of polymerization of cellulose chains, which is the number of repeating units in a polymer chain and can affect the physical and mechanical properties of the fibers. NMR spectroscopy can provide information about the average degree of polymerization of cellulose in the fibers, which can be used to estimate their properties. To perform solid-state NMR spectroscopy on the fibers, a magic angle sample spinner (MAS) is used, along with a 10 KHz rate and a frequency of 75.46 MHz, at room temperature. Here's a general procedure for analyzing natural fibers using NMR spectroscopy [54–57]:
  - **Sample preparation:** The natural fiber sample is first washed with a suitable solvent to remove any impurities and then dried and ground into a fine powder.
  - **Dissolution:** The fiber sample is then dissolved in a suitable solvent, such as dimethyl sulfoxide (DMSO) or deuterated dimethyl sulfoxide (DMSO-d6), to make a concentrated solution.
  - **NMR spectrometer setup:** The NMR spectrometer is calibrated and set up to analyze the sample. The sample is placed in an NMR tube and inserted into the spectrometer.
  - **Spectral acquisition:** The NMR spectrometer is used to acquire the spectrum of the fiber sample. The spectrum is recorded by varying the magnetic field strength and radio frequency and measuring the energy absorbed and emitted by the sample.
  - **Data analysis:** The NMR spectrum is analyzed to determine the chemical shifts and peak intensities of the various components of the sample. The chemical shifts can provide information about the molecular structure of the fiber, including the types of chemical bonds present and their spatial arrangements.
  - **Interpretation of results:** The NMR data is interpreted to gain insights into the molecular structure and properties of the natural fiber. For example, the degree of crystallinity, molecular orientation, and chemical modifications can be determined using NMR spectroscopy.

Using NMR spectroscopy, researchers can gain a better understanding of the chemical structure and properties of natural cellulosic fibers, which can help in developing new applications and improving existing ones.

## 3.2 Physical properties

### 3.2.1 Fiber Diameter Measurement

The average diameter of the fiber is measured generally using an optical microscope [58]. The measurement is made for a minimum of 25 fiber samples. Measurements should be made randomly along the fiber at several locations. The Weibull distribution statistical analysis is mostly used to examine the likelihood of the fiber average diameter. [59–61].

### 3.2.2 Density Measurement

The density of the fiber is generally measured using a pycnometer [62, 63]. For the first five days, natural cellulosic fibers should be placed in silica-packed desiccators to remove the moisture from the fibers. Following that, they should be chopped into pieces no larger than 5 mm and put in the machine. Before starting the experiment, the fibers are to be immersed in a toluene-filled container for roughly 2 hours to remove any microbubbles from the fibers. The density of fibers ( $\rho$ ) was obtained through the Eqs [1] and [2]:

$$\rho = \frac{m}{V} \quad (1)$$

where  $m$  is the mass of the fiber and  $V$  is the volume of the pycnometer.

$$\rho_{BF} = \frac{m_2 - m_1}{(m_3 - m_1) - (m_4 - m_2)} \rho_T \quad (2)$$

## 4 Surface Modification Methods

The natural cellulosic fibers extracted from plant material often require treatment to modify their surface properties and enhance their compatibility with various matrices for improved performance in different applications. The treatment could be chemical or physical.

### 4.1 Chemical treatment

Recent research has explored various chemical treatment processes for natural cellulosic fibers. Chemical treatments can modify the surface properties of natural cellulosic fibers to improve their performance in various applications [29]. Here are some commonly used chemical treatment processes:

#### 4.1.1 Alkali treatment

This process involves treating the fibers with alkalis, such as sodium hydroxide or potassium hydroxide, to remove impurities and increase the fiber's surface area. The treatment also introduces hydroxyl groups on the fiber surface, which can improve the fiber's hydrophilicity and reactivity. Alkali chemical treatment is a common method used to modify the properties of natural cellulosic fibers. The treatment involves soaking the fibers in a solution of strong alkalies, such as sodium hydroxide (NaOH), for a specific period. The alkali breaks down the hemicellulose and lignin components in the fiber, leaving behind a more pure form of cellulose. This process is known as mercerization. The alkali treatment can result in various modifications to the properties of the natural cellulosic fibers. The treatment can lead to an increase in the fiber's tensile strength, elongation at break, and stiffness. The treatment can also result in changes in the fiber's surface morphology, as well as its chemical and physical properties. The extent of the modification can be controlled by adjusting the concentration and duration of the alkali treatment. Higher concentrations of alkali and longer treatment times result in more significant modifications to the fiber's properties [64, 65].

#### 4.1.2 Acetylation

Acetylation chemical treatment is a widely used method for modifying the properties of natural cellulosic fibers. The treatment involves the reaction of cellulose with an acetylating agent, such as acetic anhydride or acetic acid, in the presence of a catalyst. This results in the substitution of some of the hydroxyl groups on the cellulose chain with acetyl groups. The acetylation treatment can result in various modifications to the properties of natural cellulosic fibers. The treatment can lead to an increase in the fiber's water resistance, dimensional stability, and thermal stability. The treatment can also result in changes in the fiber's surface morphology, as well as its chemical and physical properties. The extent of the modification can be controlled by adjusting the concentration and duration of the acetylation treatment. Higher concentrations of acetylating agents and longer treatment times result in more significant modifications to the fiber's properties [66, 66].

#### 4.1.3 Silane treatment

Silane treatment is a method used to modify the surface properties of natural cellulosic fibers. The treatment involves the reaction of the fiber with a silane coupling agent, such as 3-glycidoxypropyltrimethoxysilane (GPTMS), in a solvent, followed by drying and curing. The silane treatment can result in various modifications to the properties of natural cellulosic fibers. The treatment can lead to an increase in the fiber's hydrophobicity, as well as changes in its surface morphology and chemical properties. The coupling agent chemically bonds to the hydroxyl groups on the fiber surface, resulting in the formation of a siloxane layer on the fiber surface. The extent of the modification can be controlled by adjusting the concentration and duration of the silane treatment. Higher concentrations of coupling agents and longer treatment times result in more significant modifications to the fiber's properties [67, 68].



#### 4.1.4 Grafting

Grafting treatment is a process used to modify the surface properties of natural cellulosic fibers by introducing polymer chains onto the fiber surface. The process involves the chemical bonding of monomers or polymers onto the fiber surface via covalent bonds, resulting in the formation of a polymer layer on the fiber surface. The grafting process can be carried out using various techniques, such as radiation-induced grafting, chemical grafting, and enzymatic grafting. The choice of technique depends on the specific properties required for the fibers and the intended application. The grafting process can lead to various modifications in the properties of natural cellulosic fibers, such as increased hydrophobicity, improved mechanical properties, and enhanced thermal stability. The properties of the grafting layer can be controlled by adjusting the type and concentration of monomers or polymers used, as well as the reaction conditions [69–71].

#### 4.1.5 Bleaching

Bleaching is a common chemical treatment used to modify the properties of natural cellulosic fibers, such as cotton, bamboo, and hemp [72]. The process involves the removal of impurities, such as lignin and hemicellulose, and the brightening of the fiber's color [73, 74]. Bleaching treatment is carried out using various chemical agents, such as hydrogen peroxide, sodium hypochlorite, and chlorine dioxide [75]. The choice of bleaching agent depends on the specific requirements of the fiber and the intended application. The bleaching process can lead to various modifications in the properties of natural cellulosic fibers, such as an increase in brightness, improved dyeability, and enhanced mechanical properties. However, bleaching can also weaken the fibers if not carried out properly. The extent of the modification depends on various factors, such as the type and concentration of the bleaching agent, the duration of the treatment, and the temperature and pH of the treatment [76]. However, there are concerns about the environmental impact of the chemicals used in the process, and efforts are being made to develop more sustainable alternatives [77]. One alternative to traditional bleaching methods is the use of eco-friendly bleaching agents, which have a lower environmental impact. Another approach is the use of enzymatic bleaching, which utilizes enzymes to remove impurities from the fibers, without the need for harsh chemicals. Enzymatic bleaching has shown promising results in terms of improving the properties of natural cellulosic fibers while reducing the environmental impact of the process [78–81]. Overall, chemical treatment plays a critical role in modifying the properties of natural cellulosic fibers, making them more suitable for various applications. However, it is important to consider the environmental impact of the chemical processes used, and efforts should be made to develop more sustainable and eco-friendly methods.

### 4.2 Physical treatment

Physical treatments can also be used to modify the surface of natural cellulosic fibers to improve their compatibility with other materials or enhance their properties. These methods often provide an environmentally friendly alternative to chemical treatments [82]. Some common physical treatment methods include corona treatment, plasma treatment, and UV/ozone treatment [32].

#### 4.2.1 Corona treatment

Corona treatment is an electrical discharge process that involves applying high voltage to an electrode placed near the surface of the fibers. This results in the formation of a corona discharge, which generates reactive species such as ozone and other oxygen-containing compounds. These reactive species modify the surface of the fibers by introducing polar groups, thus increasing their surface energy and enhancing their adhesion to polymer matrices. Corona treatment is a fast and effective method for improving the interfacial bonding between natural fibers and various polymer matrices [32, 83, 84].

#### 4.2.2 Plasma treatment

Plasma treatment involves the use of low-pressure, non-thermal plasma to modify the surface of natural cellulosic fibers. The plasma is generated by applying an electric field to a gas (such as oxygen, nitrogen, or argon) at low pressure, which results in the formation of reactive species. These reactive species interact with the surface of the fibers, leading to the introduction of functional groups, surface etching, or crosslinking. Plasma treatment can significantly improve the surface properties of natural fibers, including wettability, adhesion, and chemical resistance. This method is considered environmentally friendly, as it does not require the use of hazardous chemicals [85–88].

#### 4.2.3 UV/Ozone treatment

UV/ozone treatment is a photochemical process that utilizes ultraviolet (UV) radiation in the presence of ozone to modify the surface of natural cellulosic fibers [89, 90]. The UV radiation generates highly reactive ozone molecules, which react with the fiber surface, introducing polar groups such as hydroxyl, carbonyl, and carboxyl groups. These functional groups increase the surface energy of the fibers and improve their compatibility with polymer matrices. UV/ozone treatment is an environmentally friendly method that can be easily implemented for large-scale production [89, 91–94].

## 5 Characterization Techniques

### 5.1 Mechanical properties

Mechanical properties are crucial factors in determining the performance of natural cellulosic fibers in various applications, such as reinforcing composites, textiles, and packaging materials. These properties include tensile strength, flexural strength, and impact strength, which can be evaluated using standardized testing techniques [95–97].

#### 5.1.1 Tensile strength testing

Tensile strength is a measure of a material's ability to withstand tension or pulling forces. Tensile strength testing involves applying a uniaxial tensile force to a fiber or a fiber bundle until it breaks. This test is typically performed using a universal testing machine (UTM) equipped with suitable grips and a load cell to measure the force applied. The tensile strength is calculated by dividing the maximum load by the initial cross-sectional area of the fiber or bundle. The results provide insights into the fiber's potential to reinforce composite materials and its performance in textile applications [98–101].

#### 5.1.2 Flexural strength testing

Flexural strength, also known as bending strength, is an indicator of a material's ability to resist deformation under bending loads. Flexural strength testing is performed using a three-point or four-point bending test setup, in which a fiber-reinforced composite specimen is subjected to bending by applying a load at one or two points while supported at two or three points, respectively. The flexural strength is calculated by dividing the maximum bending load by the initial cross-sectional area of the specimen. This test is particularly useful for evaluating the performance of natural fiber-reinforced composites in applications where bending loads are expected [98–101].

#### 5.1.3 Impact strength testing

Impact strength is a measure of a material's ability to absorb energy during sudden impacts or shocks. Impact strength testing is typically performed using an Izod or Charpy impact tester, in which a pendulum with a known mass and velocity strikes a notched specimen. The energy absorbed by the specimen during fracture is calculated from the difference in the pendulum's initial and final potential energy. Impact strength testing is critical for understanding the performance of natural fiber-reinforced composites in applications where they may be subjected to impact loads or dynamic forces [98–101].

### 5.2 Morphological analysis

Morphological analysis techniques, such as scanning electron microscopy (SEM) and transmission electron microscopy (TEM), are vital for understanding the structure and surface characteristics of natural cellulosic fibers, which can greatly influence their properties and performance in various applications [102].

#### 5.2.1 Scanning Electron Microscopy (SEM)

SEM is a widely used technique for investigating the surface morphology and microstructure of natural cellulosic fibers. SEM utilizes a focused electron beam to scan the fiber surface, generating secondary and back scattered electrons that are collected to form high-resolution images. The SEM technique not only allows for the visualization of fiber surfaces, defects, and the fiber-matrix interface in composite materials, providing valuable insights into the fiber's processing, treatment, and performance but also helps one to investigate the effect of morphology on the mechanical properties of the material. Several researchers to date have used SEM images for detailed learning of natural fiber's morphological structure. One such example is depicted in Figure 1, wherein the researchers utilized the obtained SEM images to comprehensively investigate the effect of morphological structure of various available natural fiber on their tensile properties [103].

#### 5.2.2 Transmission Electron Microscopy (TEM)

TEM is a powerful technique for characterizing the internal structure of natural cellulosic fibers at the nanoscale. In TEM, a high-energy electron beam is transmitted through an ultra-thin specimen, and the resulting interactions between the electrons and the specimen's atoms are used to form high-resolution images. TEM enables the visualization of the internal structure of fibers, including the arrangement and orientation of cellulose microfibrils and the presence of other components such as hemicellulose and lignin. This information is essential for understanding the relationship between the fiber's internal structure and its mechanical, thermal, and chemical properties. An example of TEM image used by a set of researchers who investigated the effect of silver nanoparticles in cotton fiber is depicted in Figure 2 [104].

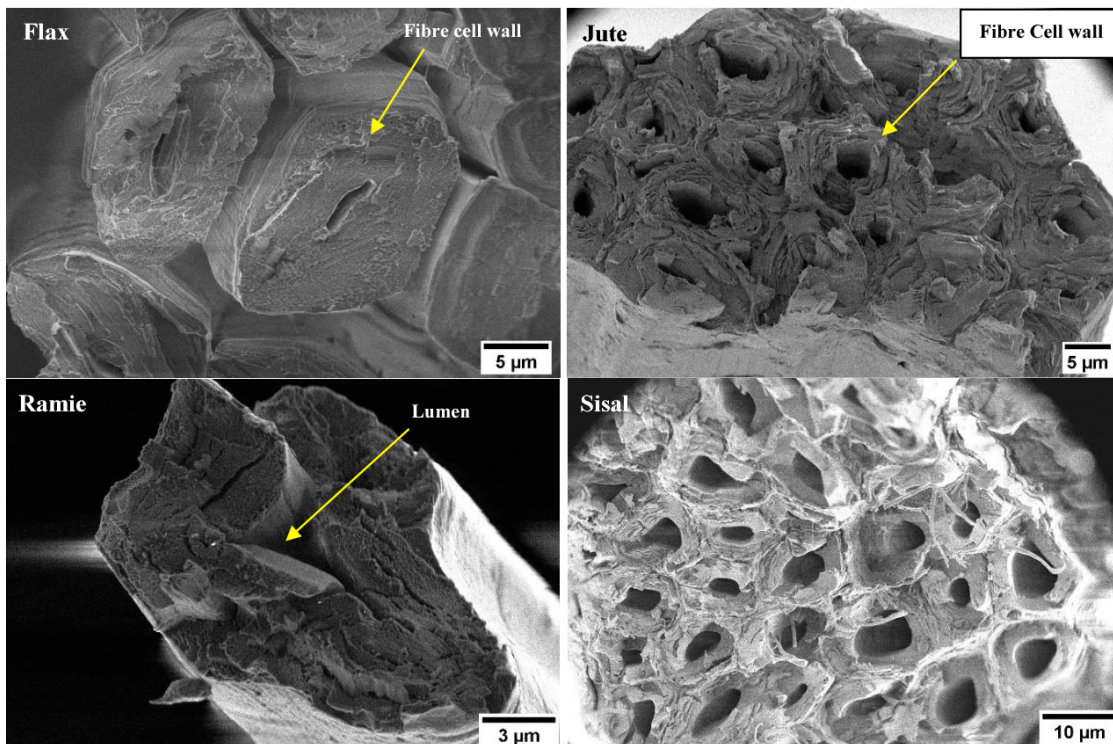


Figure 1: SEM images of the cross section of various natural fibers [103].

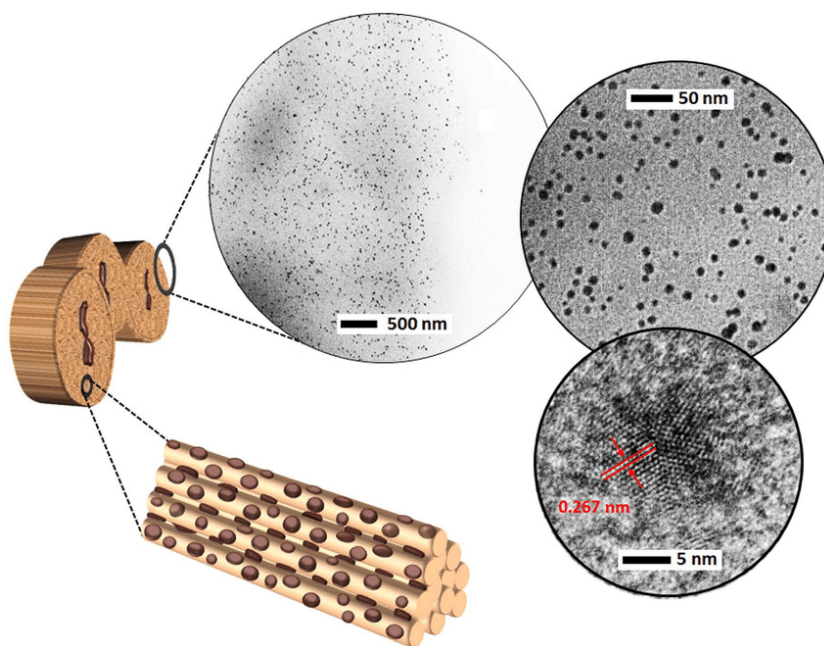


Figure 2: TEM image representing cross-section of silver-cotton nanocomposite fiber [104].

### 5.3 Fourier Transform Infrared Spectroscopy (FTIR) Analysis

Fourier Transform Infrared Spectroscopy (FTIR) analysis is a powerful technique used to study the chemical structure and composition of natural cellulosic fibers. FTIR can detect the presence of chemical functional groups in fibers, such as hydroxyl, carbonyl, and ether groups, which can affect their properties, including their reactivity and adhesion to other materials. FTIR is commonly used in recent research papers to investigate the functional groups and molecular vibrations of various natural cellulosic fibers. An infrared spectrometer with a Fourier transform can be used to create an infrared absorption spectrum in the frequency range between  $500\text{ cm}^{-1}$  and  $4000\text{ cm}^{-1}$  in total reflectance mode. The FTIR spectrum is obtained by scanning the fibers at a resolution of  $4\text{ cm}^{-1}$  and a scan rate of 32 scans. Figure 3 shows the FTIR spectra of some natural fibers as summarized by Guimares et al. [105]. The general procedure for FTIR analysis of natural fibers includes sample preparation, instrument setup, data acquisition, data analysis, and interpretation of results. The natural fiber sample is prepared by grinding it into a fine powder and pressing it into a thin, flat pellet. The pellet is then placed onto the sample holder for FTIR analysis.



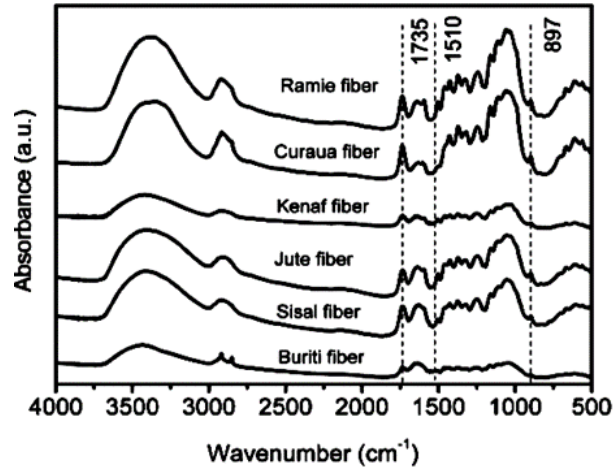


Figure 3: FTIR spectra of Ramie, Curaua, Kenaf, Jute, Sisal, and Buriti fibers [105].

The FTIR instrument is calibrated and set up for analysis of the fiber sample. The appropriate IR source is selected, and the instrument is adjusted to the desired resolution and range. The FTIR instrument is used to collect infrared spectra from the fiber sample. A background spectrum is recorded before the sample is analyzed. The sample is then scanned, and the absorbance or transmittance of the IR radiation is measured at each wavelength. The FTIR spectrum is analyzed to determine the chemical structure and composition of the natural fiber. The peaks in the spectrum are identified and compared to reference spectra to identify functional groups and chemical bonds present in the sample. The FTIR data is interpreted to gain insights into the chemical structure and composition of the natural fiber. For example, FTIR can be used to study the effects of chemical treatments or environmental conditions on the fiber structure and composition [106–108].

#### 5.4 X-ray diffraction (XRD) analysis

X-ray diffraction (XRD) is a widely used technique for investigating the crystalline structure of natural cellulosic fibers. By measuring the diffraction of X-rays by the atoms in the fiber's crystal lattice, XRD can provide information on the degree of crystallinity, crystal size, and crystal structure of the fibers. To perform XRD analysis of natural fibers, the fibers are first ground into a fine powder and pressed into a thin, flat pellet. The pellet is then placed onto the sample holder of the XRD instrument, which is calibrated and adjusted to the desired resolution and range. The XRD instrument is then used to collect X-ray diffraction patterns from the fiber sample. The sample is scanned over a range of angles while the intensity of the diffracted X-rays is measured. The XRD pattern is then analyzed to determine the crystalline structure of the natural fiber. The diffraction peaks are identified and compared to reference patterns to determine the crystal structure and size of the fiber. XRD data can provide insights into the crystalline structure and properties of natural fibers, such as the effects of chemical treatments or environmental conditions on the fiber's crystal structure and degree of crystallinity. Figure 4 shows XRD patterns of fibers from banana, sugarcane bagasse, and sponge gourd obtained by a set of researchers who intended to investigate the structure and crystallinity indices of various plant fibers [105].

#### 5.5 Evaluation of Crystalline Index (CI) and Crystallite Size (CS)

The degree of crystallinity in natural cellulosic fibers can be determined by calculating the crystalline index (CI) using the peak height method [109, 110]. The empirical equation [111] shown in Eq [3] can be used to calculate the CI.

$$CI = \frac{I_{200} - I_{AM}}{I_{200}} \quad (3)$$

Here,  $I_{200}$  refers to the maximum intensity of the 200 lattice plane at  $2\theta$  angle between  $22^\circ$  and  $23^\circ$ , and  $I_{AM}$  represents the amount of noncrystalline or amorphous material measured by the height of the valley of the minimum between the peaks, at an angle of  $2\theta$  about  $18^\circ$ . The crystallite size (CS) of natural cellulosic fibers can be determined using Scherrer's formula [71] as shown in Eq [4]:

$$CS_{200} = \frac{k\lambda}{\beta_{200} \cos \theta} \quad (4)$$

Here,  $k = 0.89$  is the Scherrer's constant,  $\lambda = 0.1541$  nm is the wavelength of the radiation,  $\beta_{200}$  refers to the peak's full width at half-maximum in radians, and  $\theta$  indicates the corresponding Bragg angle.

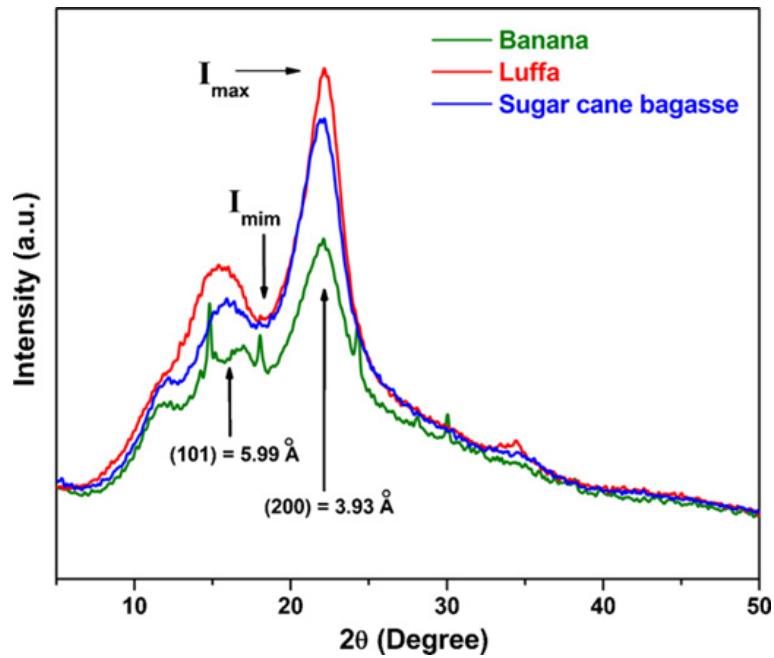


Figure 4: X-ray diffraction patterns of various plant fibers [105].

## 5.6 Atomic force microscopy (AFM) analysis

Atomic force microscopy (AFM) is a powerful technique used to study the morphology and physical properties of natural cellulosic fibers at the nanoscale. AFM analysis can be performed using an AFM instrument with image processing software to assess the roughness of natural cellulosic fibers. The surface roughness parameters, such as average surface roughness ( $S_a$ ), Root mean square roughness ( $S_q$  or  $S_{rms}$ ), Ten points average roughness ( $S_z$ ), skewness ( $S_{sk}$ ), and kurtosis ( $S_{ku}$ ), can be determined. The resolution range of the scanner scale in the x, y, and z direction is set to  $10 \mu\text{m} \times 10 \mu\text{m} \times 70 \mu\text{m}$ . AFM has been used to study the surface morphology, topography, and mechanical properties of cellulosic fibers in recent research papers. The high-resolution images of the fiber surface provided by AFM can reveal details such as fiber diameter, roughness, and surface defects. These features can affect the fiber's mechanical and physical properties, and studying them can help to understand the performance of the fibers in various applications [23]. To perform AFM microscopy analysis of natural fibers, the sample is first washed with a suitable solvent to remove any impurities and then mounted onto a suitable substrate for AFM imaging. The AFM is calibrated and set up for imaging of the sample. The AFM probe is brought into contact with the sample, and the tip-sample interaction is measured to provide a topographic image of the sample surface. The AFM tip is scanned across the sample surface to obtain a topographic image of the fiber. The AFM can provide information on the surface roughness, fiber diameter, fiber cross-section, and surface morphology of the fiber. In addition to topographic imaging, AFM can also be used to measure the mechanical properties of the fiber, such as stiffness, adhesion, and elasticity. This is achieved by applying a known force to the AFM tip and measuring the resulting deformation of the fiber. The AFM images and force measurements are analyzed to determine the morphology and physical properties of the natural fiber. For example, the fiber diameter, length, and orientation can be determined from the AFM images, while the mechanical properties can be determined from the force measurements. AFM data is interpreted to gain insights into the morphology and physical properties of the natural fiber. For example, AFM can be used to study the effects of chemical treatments or environmental conditions on fiber morphology and properties. Figure represents an AFM image used by set of researchers to investigate the effect of chemical (NaOH) treatment on the sisal fibers at different scan sizes [26].

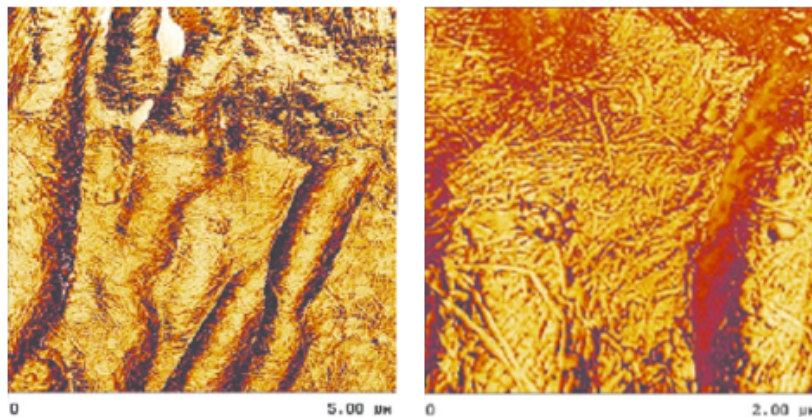


Figure 5: AFM images of NaOH treated sisal fiber at scan size of 5 and 2 microns [26].

## 6 Conclusion

In conclusion, the methods and techniques for characterizing natural cellulosic fibers have developed substantially, offering a more comprehensive understanding of their properties and potential uses. The extraction processes play a crucial role in obtaining fibers with desired properties, impacting their morphology, crystallinity, and purity. Morphological and structural analysis through scanning electron microscopy (SEM) and transmission electron microscopy (TEM) are widely employed, along with X-ray diffraction (XRD) and Fourier-transform infrared (FTIR) spectroscopy for analyzing crystallinity and chemical composition. Mechanical properties are assessed through tensile testing, flexural strength testing, and impact strength testing. Advanced techniques, such as atomic force microscopy (AFM), confocal Raman spectroscopy, and X-ray photoelectron spectroscopy (XPS), provide deeper insights into the surface chemistry and interactions of natural cellulosic fibers. The ongoing refinement of these techniques will be crucial for the advancement and commercialization of natural cellulosic fibers as sustainable and eco-friendly alternatives to conventional materials. Despite the progress in characterizing natural cellulosic fibers, there is still a need for further development in this field. Future researchers should focus on exploring innovative extraction and surface modification methods to improve the properties and performance of these fibers in various applications.

Additionally, the development of new characterization techniques and the refinement of existing methods will enable a more in-depth understanding of the relationships between fiber properties, processing conditions, and performance in end-use applications. The exploration of new applications and markets for natural cellulosic fibers, such as in energy storage, filtration, and biodegradable materials, will also open up new research areas and commercial opportunities. By advancing the knowledge and technology surrounding natural cellulosic fibers, researchers can help promote the transition to a more sustainable and eco-friendly future.

## Declaration of Competing Interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Funding Declaration

This research did not receive any grants from governmental, private, or nonprofit funding bodies.

## Author Contribution

**Yashaarth Kaushik:** Conceptualization, Investigation, Methodology, Writing - original draft, Writing - review and editing; **Suraparb Keawsawasvong:** Data curation, Formal analysis, Investigation, Methodology, Writing - review and editing; **Nilakshman Sooriyaperakasam:** Data curation, Formal analysis, Investigation, Methodology, Writing - review and editing; **Udit Rathee:** Investigation, Methodology, Validation, Writing - review and editing; **Nithesh Naik:** Conceptualization, Methodology, Project administration, Supervision, Writing - original draft, Writing - review and editing.

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